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THE SPA PROFESSIONAL'S CHOICE

# american spa

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## SEASIDE SOPHISTICATION

SPA BOTÁNICO AT DORADO BEACH, A  
RITZ-CARLTON RESERVE (PUERTO RICO)





The spa's Serenity Suite helps envelope the senses with a relaxing thermal bath and heated spa beds.

## scentual escape

An urban oasis awaits guests at the **Setai Spa Wall Street** (New York City) thanks to the Setai Sierra Renewal Treatment (\$195, 60 minutes; \$285, 90 minutes). In the spa's Serenity Suite, the service begins with a warm thermal bath infused with DayNa Decker's Sierra Bath Soak as well as slippery elm bark and almond milk. Once guests are on the treatment table, the therapist performs a full-body exfoliation with Sierra Buffer, which is made of fine lava crystals. After washing off in the private shower, guests return to the heated table and enjoy a customized massage using the argan oil based Sierra Moisturizer, which also contains vitamin A. The treatment ends with several spritzes of Sierra Body Mist over the entire body. Says spa director Amanda Wells, "We offer a complete sensory experience in which the sweet and warm notes from the Sierra fragrance alone will induce a euphoric state." For DayNa Decker products: [www.daynadecker.com](http://www.daynadecker.com).—*H.M.*

## BEYOND SKIN DEEP

Cellular turnover gets super-charged with the Circ-Cell Density Building Facial (\$265, 80 minutes), which incorporates a patented Transdermal Delivery System. First, the skin is cleansed and lymphatic drainage is performed using the Geothermal Clay Cleanser. Next, Pro Dew is applied to encourage lifting and sculpting, followed by a mask made from REM Masque Serum and ABO Blood Serum. Next, comes the Circ-Cell Density Building Treatment using the Circ-Cell Transdermal Delivery System, which involves the use of a micro-channeling device, Density Serum, and the Treatment Kit. "The TDS delivers unprecedented results because, unlike traditional handheld micro-needling devices, it affords uniform depth and application," says Chris Hausman, CEO of Circ-Cell Skincare. "This treatment visibly reduces signs of aging by improving density and hydration, leaving the skin glowing and radiant." For Circ-Cell Skincare products: [www.circell.com](http://www.circell.com).—*Julie Keller Callaghan*

## Twinkle Toes

A pedicure with pizzazz is one way to think of the Mimosa Pedicure (\$60, 50 minutes) at **Kelly's Spa** at The Mission Inn Hotel & Spa (Riverside, CA). The fabulous foot treatment begins with a spritz of SpaRitual's Instinctual Fragrant Mist to scent the air. The feet are then misted with Visionary Cleanser before the nails are treated with a special formula to help fight fungus. After the feet are soaked, any residual nail polish is removed. Next, the cuticles and calluses are treated, and the feet are exfoliated with Terra Dolce Floridian Scrub. The technician then applies Terra Dolce Floridian Oil before dipping them in hot PerfectSense paraffin. Once the paraffin is removed, a light foot massage using Terra Dolce Floridian Body Lotion ensues. To conclude the tootsie treat, the nails are cleansed with Fluent Lacquer Remover before SpaRitual's True Bond 3-Step System is applied, followed by a SpaRitual polish of the client's choosing. Says owner Kelly Roberts, "The aromatic citrus scent of the Mimosa Pedicure will whisk guests off on a tropical journey and awaken their senses." For PerfectSense products: [www.sparevolutions.com](http://www.sparevolutions.com). For SpaRitual products: [www.sparitual.com](http://www.sparitual.com). For Terra Dolce products: [www.terradolcesoap.com](http://www.terradolcesoap.com).—*H.M.*



PHOTOGRAPHY: SHUTTERSTOCK (TWINKLE TOES)