

INLAND EMPIRE

THE REGION'S PREMIER MONTHLY

JANUARY | 2008

BEST OF THE INLAND EMPIRE

492

Of The Best:

- Restaurants
- Wine Lists
- Food to Go Spots
- Waiters
- Dance Clubs
- Breakfasts
- Nature Walks
- Golf Courses
- Spas and Salons

plus

MARISKA HARGITAY

Why She's The Best Actress On Television

38

Great Things To Do This Month



JANUARY 2008 | \$3.95



READERS CHOICE
best health club

24-HOUR FITNESS
Multiple locations

BALLY TOTAL FITNESS
Multiple locations

CANYON CREST HEALTH CLUB
Riverside

CLAREMONT CLUB
Claremont

CONTOURS EXPRESS
Multiple locations

CURVES
Multiple locations



best masseuse

DE LYNDA BRENNAN, ISLAND TANNING
Redlands

RACHEL DOUMA, KELLY'S SPA
Riverside

STACY POCK, BELLISSIMA
Redlands

**TAMI, TRENDSETTER SALON
& DAY SPA**
San Bernardino

ROSA, PALMS DAY SPA
Riverside



RACHEL DOUMA
Kelly's Spa at The Mission Inn



READERS CHOICE
best hair stylist

TERESA BUDD, THE HAIRDRESSERS
Redlands

MARIA DYER, UPPER ECHELON
Riverside

JACKIE McCRAY, HAIRS 2 U
Norco

JESSICA, HAIR ATTIC
Corona

KELLY, RUMOURS SALON
Hemet

LISA, STUDIO 54 SALON
Murrieta

**SAMANTHA MURGUIA, LAVISH
HAIR SALON & SPA**
Riverside

**SHANELLE & SHAUNA,
GENTE BELLA SALON**
Upland

T.J. PITTS, TECHNICOLOUR SALON
Redlands

KRISSY VINCENT, LEGENDS
Chino Hills

best hair salon

JON CHRISTOPHER SALON
Colton

CURLING IRON
Chino, Upland

JADE AVEDA
Chino Hills, Dos Lagos, Victoria Gardens

MASTERCUTS
San Bernardino

REGIS SALONS
San Bernardino

UPPER ECHELON
Riverside

best manicurist

SANDRA, THE NAIL BOX
Redlands

RHONDA ROZANEK, SAMARIA SALON
Lake Elsinore

best nail salon

HOLLYWOOD NAILS
Hemet

JESSICA at Hair Attic Corona